

The Thread

Newsletter Of Dorcas Ministries



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EASIER SAID THAN DONE

Easier said than done, of course. Have you ever been encouraged or advised to take a path to a solution that seems absolutely devastating to you? Of course the person advising can't understand why you are hesitant to follow his or her advice and will probably say something like; "don't be afraid, there's nothing to it." ***Have you ever had to ask for help?***

We all have moments in our lives when we require the assistance of others. We don't ever know all there is to know or have the skills to do everything proficiently or successfully. We certainly don't expect that of others, either. So it makes sense we would have occasion to ask someone for help at some point. The biggest reason many seem to have for staying stuck rather than reaching out is fear. People fear they will be rejected or told "no," fear being seen as "less than" or weak, or fear being "found out."

There are two stories in Mark chapter 5 that provide examples of persons overcoming their fear and reaching out for help from seemingly impossible situations. Given that his daughter is near death, Jairus has every right to be afraid. And so does the woman who dares to touch Jesus' cloak, confident that doing so will deliver her from an illness no physician has been able to cure. In both cases, the stories have happy endings; the child lives and the anonymous woman is healed.

How many happy endings have we experienced at Dorcas Ministries? Last month we had our 50-year worship celebration, and while I don't have a numerical number for 50 years for you, I can let you know that last year we made possible or contributed to over 20,000 happy endings that started in fear. I can share with you that over the last 10 years we have disbursed over \$500,000 keeping the lights on for the neighbors we served who faced the fear of being left in the dark because they were unable to pay their light bills.

Our goal is to not only erase the fear of the current situation but prepare our neighbors for future challenges. With your continued prayers and support we look forward to 50 plus years of relieving the fear of those who find it difficult to ask for help in the first place. **Let make giving help easy to ask for.**

Howard Manning,

Executive Director

DORCAS FOOD PANTRY BREAKS RECORD

The Dorcas Food Pantry is always busy, but the last few months have seen record demand for food. In the last two months, the Dorcas Pantry fed over 1,500 of our struggling neighbors, leaving our shelves bare. **How can you help?** We rely on donations to stock our shelves and you can donate or organize a food drive. Here are our most needed items:

Pasta, Spaghetti and Macaroni
Canned Peaches and Fruit Cocktail
Dried Beans
Canned Chicken
Sugar and Flour
Soap and Toothbrushes
Cleaning Supplies
Size 4-6 Diapers



Donations can be dropped off with your thrift shop donations around the side of the building at 187 High House Road, Cary, Mon-Fri 8am-5:30 pm, Sat 8am-4:30 pm and Sun 11am-2pm. If you have questions, please call Jill on 984-333-0058

**WANT TO MAKE A DIFFERENCE IN SOMEONE'S LIFE?
CONSIDER BECOMING A CHAMPION!**



We are looking for career coaching mentors, whom we call champions, to partner with students to help them prepare for meaningful employment.

Classes meet Tuesday and Thursday from 6PM to 8PM from September 20th to November 16th.

Ready to be a champion? Or just learn more? Call Jill on 919-984-333-0058 for details.

Join Us

7TH ANNUAL THANKSGIVING BREAKFAST FUNDRAISER



Celebrating our 50th Anniversary!

Thursday, November 1, 2018

Breakfast: 7:30

Program: 8:00

Embassy Suites Hotel,
201 Harrison Oaks Blvd.,
Cary, NC 27513



Mistress of Ceremonies:
Debra Morgan, WRAL-TV

Seating is limited!

Please RSVP

*by contacting your table captain,
registering online: www.dorcAS-cary.org
or call Ellen at the Dorcas office
at 919.469.9861 ext. 101.*

Deadline is October 19, 2018

For sponsorship information, contact Rose at 984.333.0059

SPEAKERS AVAILABLE

Dorcas Ministries has people available to come and speak to your group, neighborhood gathering, church, business or organization. “We have people who can spotlight either one specific area of our service, like our food pantry or job readiness training, or people who can give a comprehensive summary of all the ways we serve people,” said Rose Cornelious, Development Director. “Many newcomers to our area don’t know much about Dorcas Ministries, so this is a good way to introduce them. On the other hand, because we continue to expand how we serve people, it might prove beneficial to people who know us to hear current testimonies.”

Having a speaker from Dorcas Ministries can be an enriching experience for your group. “One time I spoke to a Cub Scout group about how we serve people through our food pantry” said Cornelious. “Those young boys were all very responsive when they heard that there are little boys and girls in our community who don’t have a lot of food at home. I shared some stories of families who’ve gotten food from our food pantry. When they heard that they wanted to help.”

Dorcas Ministries distributes food from its food pantry to thousands of families each year. Financial assistance goes to many others to help with rent, utilities, child care, transportation, and other basic human necessities. Job readiness training and financial management is also offered. “So many people are touched by our services each year and every story is different. We like telling those stories.”

To request a speaker, contact the Dorcas office at 919.469.9861.

\$20 TURNS INTO \$100



I turned "\$20 into \$100!" exclaimed Victoria. Everyone in the Couponing 101 at Dorcas class was eager to hear how she did it. Victoria was quick to explain that she had used the tips and tricks she learned in the previous couponing class to maximize her return on her coupons. She'd been able to get \$100 worth of groceries at Harris Teeter for only \$20. The whole class erupted in applause! Way to go, Victoria!

A big thanks to Anna, the volunteer instructor, who shares her expertise in couponing once a month to a class full of students who are eager to turn her advice into action and get their own fantastic deals with coupons.

A RESOURCE FOR GRANT RESEARCH

Dorcas Ministries offers grant researchers a free resource, the Foundation Center database. This is an online database with information on all foundations: Where they give, the causes they fund, how much they give, how to apply and other valuable information. If you are a grant writer and want to utilize this resource, just e-mail Rose Cornelious at rose@dorcascary.org to make an appointment.

UNC MOBILE CLINIC

Struggling with diabetes?

High blood pressure?

Obesity?

The UNC Mobile Clinic Can Help!



Staffed by nursing professors and students from UNC School of Nursing, the Mobile Clinic comes to Dorcas give you important tips on managing your chronic disease. Visitors to the clinic have high praise for the time and attention the nurses offer. One clinic patient raved, "I check my weight every time I visit the clinic and I've been losing some!" Other patients stop by for blood pressure checks and still others get advice on diabetes-friendly food preparation.

The clinic RV will be available outside the Dorcas Shop on the 1st and 3rd Tuesdays. Come on by and check it out! It's free!

STAFF PROFILE: MEET OUR CO-MANAGERS

STEPHANIE DAVIS-POTTS

Where did you go to school? I earned a Bachelor's in Business Administration Management from Fayetteville State University. I have 16 years of experience in retail.

Tell us about your family. I am married with two girls. You might see my oldest daughter around the shop volunteering!

What do you do for fun? I like to go out of town and visit new places. I also like to spend time with my family. I like to eat sweets, especially chocolate.

What is your favorite part of Dorcas so far? My favorite part of working at Dorcas Ministries is knowing that every day I come to work I am making a difference in someone's life.

Fun Fact: I love scary movies and shows.

HAILEY GOODALL

Where did you go to school? I attended Appalachian State University where I received a Bachelor's of Science in Apparel Design and Merchandising with a minor in Marketing and Communications.

Tell us about your family. My family is pretty large! I am one of six kids; three girls and three boys. I am child number four. We are a pretty close knit group and I love spending time with them.

What do you do for fun? For fun, I really love to sew and read. Sewing has always been one of my favorite outlets, I love to create things and be hands on in a project. Reading allows my mind to wonder and become a part of another world.

What is your favorite part of Dorcas so far? My favorite part of Dorcas is witnessing how every individual comes together to serve the same purpose. We are a family here and we love being a part of what Dorcas does, which is serving our neighbors. It is amazing the energy Dorcas volunteers and staff have. I think that is what sets us apart from other nonprofits.

Fun Fact: I am obsessed with owls! I love how cute they are and that represent wisdom. I have several figurines at home and continue to add to the collection.



Pictured on their first day, Hailey Goodall (left) and Stephanie Davis-Potts (right).

CHRISTMAS IN JULY

Christmas in July is still going strong at the Dorcas Thrift Shop!

Come shop us with us Monday – Friday
10 AM – 6 PM and on Saturdays from
9 AM – 5 PM!



DORCAS 50TH ANNIVERSARY CELEBRATIONS

Our volunteers and staff out did themselves for the big sale days on June 15th and 16th! We are so thankful for everyone who helped make the days a success!



Thank you to everyone who joined us on June 18th for the service of celebration at FUMC. We loved hearing from Margaret Keller's sons, as well as community leaders and Dorcas representatives.



50th ANNIVERSARY PUBLICATION



Over the past year, we spent time reading the Dorcas Ministries history and putting it all in one place.

If you are interested in receiving one of these very special books, please contact Ellen Frazier at ellen@dorcascary.org or 919.469.9861, ext. 101.