


## November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div style="border: 1px solid black; padding: 5px; display: inline-block;">                     1:1 Budget Counseling available by appointment on select dates. Call (919) 469-9861 x 204 to schedule an appointment                 </div>			1 Training Ctr. 10am-1pm 1:1 Budget Counseling 12-3	2 Training Ctr. 10am-1pm 1:1 Budget Counseling 12-3	
4	5 Training Center 10am-1pm 1:1 Budget Counseling 10-1 LaunchCARY Info Session 6 PM	6 Training Center 10am-1pm Mobile Health Clinic 10-2 PM 1:1 Budget Counseling 10-1 Eat Smart- Nutrition 1-2 PM	7 Training Center 10am-1pm	8 Training Center 10am-1pm 1:1 Budget Counseling 12-3	9 Training Center 10am-1pm 1:1 Budget Counseling 12-3	10 <div style="border: 1px solid black; border-radius: 15px; padding: 10px; width: fit-content;">                         Learn strategies for surviving on a tight budget, ways to repair your credit score and more!                     </div>
11	<div style="border: 1px solid black; padding: 5px; display: inline-block;">                         StepUp Ministries Employment Workshop 9:00-3:30 TC Closed                     </div>			14 <div style="background-color: #4a86e8; color: white; padding: 5px; display: inline-block;">                         Financial Empowerment                          6pm to 8pm                     </div>	15 Training Ctr. 10am-1pm 1:1 Budget Counseling	16 Training Ctr. 10am-1pm 1:1 Budget Counseling
18	19 Training Center 10am-1pm 1:1 Budget Counseling 10-1	20 Training Center 10am-1pm Mobile Health Clinic 10-2 PM 1:1 Budget Counseling 10-1	<i>Happy Thanksgiving</i>			
						
25	26 Training Center 10am-1pm LaunchCARY Info Session 6 PM	27 Training Center 10am-1pm 1:1 Budget Counseling 10-1	28 Training Center 10am-1pm <div style="background-color: #4a86e8; color: white; padding: 5px; display: inline-block;">                         Smart Cooking                          7-8 PM                     </div>	29 Training Center 10am-1pm 1:1 Budget Counseling 12-3	30 Training Ctr. 10am-1pm <div style="background-color: #4a86e8; color: white; padding: 5px; display: inline-block;">                         Interview Skills                          10:30 -12:30 PM                     </div>	

**Step-Up Ministries Employment Workshop** is a comprehensive week-long training session to help you find employment (resume, interviewing, networking, job etiquette, employment counseling, and more!)

Breakfast, lunch and childcare provided! Shop Voucher for Interview clothing. Registration Required

**Eat Smart** – Get help from UNC Nursing Staff on healthy eating habits for the holidays. FREE

**Smart Cooking** is focusing on Happy Healthy Holidays – free groceries to prepare the showcased recipes. Limited spaces – must register.

For more info: ask in Client Services, email [clientservices@dorcascary.org](mailto:clientservices@dorcascary.org) or call 919-469-9861, ext 204