

Dorcas Training Center Classes
 187 High House Road, Cary Plaza
clientservices@dorcascary.org



December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Training Center 10-1 PM 1:1 Budget Counseling 10-1 PM	4 Mobile Health Clinic 10 -2 Training Center 10-1 PM 1:1 Budget Counseling 10-1 PM	5 Training Center 10-1 PM Holiday Stress Survival 6:30 - 8 PM	6 Training Center 10-1 PM 1:1 Budget Counseling 12-3 PM	7 Training Center 10-1 PM 1:1 Budget Counseling 12-3 PM	8
	10 Training Center 10-1 PM 1:1 Budget Counseling 10-1 PM	11 Training Center 10-1 PM 1:1 Budget Counseling 10-1 PM	12 Training Center 10-1 PM Financial Empowerment 6-8 PM	13 Training Center 10-1 PM 1:1 Budget Counseling 12-3 PM	14 Training Center 10-1 PM 1:1 Budget Counseling 12-3 PM	
16	17 Training Center 10-1 PM 1:1 Budget Counseling 10-1 PM	18 Mobile Health Clinic 10-2 Training Center 10-1 PM 1:1 Budget Counseling 10-1 PM	19 Training Center 10-1 PM Smart Cooking Class 7-8 PM	20 Training Center 10-1 PM 1:1 Budget Counseling 12-3 PM	21 Training Center 10-1 PM 1:1 Budget Counseling 12-3 PM	22

1:1 Budget Counseling available by appointment on select dates. Call (919) 469-9861 x 204 to schedule an appointment

Learn strategies for surviving on a tight budget, ways to repair your credit score and more!

Client Services Offices will be open by appointment only for urgent requests. Saturday December 21st through Tuesday, January 1st – Call (919) 469-9861 x 203

Coming in January - Money-Wise - A comprehensive money management course to help you save, build credit, build your knowledge of taxes and investing. Saturdays (January 22nd - February 9th 10:00 - 12:00 PM) Lunch and childcare provided.

Coming in February - Jobs for Life and Pizza and Parenting!

Holiday Stress Survival – Learn strategies to help you get through this stressful time. Led by a Mental Health professionals. Dinner provided - must call to register.

Smart Cooking – Happy Healthy Holidays – Great discussion on how to keep healthy eating in your holiday season. FREE Groceries, space is limited, must call to register.

For more info: ask in the Crisis Ministry, email clientservices@dorcascary.org or call 919-469-9861, ext 204